

# 3 week Summer Programme

Centre: **Eastbourne Family**

Group: **Sample**

Week 1	Tues	Weds	Thurs	Fri	Sat	Sun	Mon
Morning	Arrival	Placement & Introductory Lessons	Lessons	Lessons	Full day Excursion London Walking Tour	Family Day	Lessons
Afternoon	Welcome and Orientation	Visit to Eastbourne	Sports, Art, Drama, Craft, Music	Sports, Art, Drama, Craft, Music			Free Time Eastbourne or Activities
Evening	Family	College	Family	College	Family	Family	College

Week 2	Tues	Weds	Thurs	Fri	Sat	Sun	Mon
Morning	Sports, Art, Drama, Craft, Music	Full Day Excursion Brighton (Inc Pavilion)	Lesson	Sports, Art, Drama, Craft, Music	Full Day Excursion Canterbury Train	Sports, Art, Drama, Craft, Music	Free Time Eastbourne or Activities
Afternoon	Lesson		Lesson	Lessons		Lesson	Lessons
Evening	Family	College	Family	College	Family	Family	College

Week 3	Tues	Weds	Thurs	Fri	Sat	Sun	Mon
Morning	<u>Lessons</u>	<u>Lessons</u>	Lessons	Lessons	Full day Excursion London Own Choice	Family Day	Lessons
Afternoon	Sports, Art, Drama, Craft, Music	Hasting Or Lewes	Sports, Art, Drama, Craft, Music	Sports, Art, Drama, Craft, Music			Free Time Eastbourne or Activities
Evening	Family	College	Family	College	Family	Family	College

## Timings

### Morning

Lessons

- 1 – 09.00 – 10.00
- 2 – 10.00 – 11.00
- 3 – 11.30 – 12.30

Activities

Meeting – 09.00

- 1 – 09.15 – 10.30
- 2 – 11.00 – 12.15

### Afternoon

- 1 – 14.00 – 15.00
- 2 – 15.00 – 16.00
- 3 – 16.30 – 17.30

Activities

Meeting – 14.00

- 1 – 14.15 – 15.30
- 2 – 16.00 – 17.15

### Evening

Activities

Meeting – 19.15

## ***Elac Evening Programme – Activities every evening!***

### The Main Events

**Sports Competitions, Quizzes, Casino Night, Treasure Hunts, Murder Mystery, Movie Nights, Talent Show, Karaoke and much more!**

**Every evening in addition to the main event there will be several alternatives**

**The social programme is designed by the Activity Team and YOU – so have your say!**

**Join in, have fun, make friends, win prizes**